



## You Look Fine To Me!

Nina Jackson

Bespoke Events from Independent Thinking



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**INDEPENDENT  
THINKING** EVENTS

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*How schools can actively and effectively address mental health issues to support both young people and adults in the school community – and overcome stigma in the process*

Mental and emotional illness in our schools is such a taboo subject that many fear talking or even thinking about it. Which only makes things worse. This powerful but mindful day-course pulls no punches as it helps you explore what is happening in schools and in the lives of young people, their families and,

inevitably, their teachers. The focus, however, is very much on what you can do to help – and there is a great deal. This is a practical, positive day-course that will help you make a difference in your school to more people than you will ever know.

**Audience:** Teachers, school leaders, tutors, pastoral leaders, HR Directors, school nurses.  
In fact, if you're a human being working in education then this course is for you.  
Suitable for all key stages

Nina Jackson is an experienced teacher, university tutor, author, researcher, advisor, freelance consultant, Associate Director of Independent Thinking and an 'inspirational, evangelical preacher of education' according to the TES. Emotional health is a topic close to her heart and she brings to it an honesty and integrity that led her to receive a standing ovation when she first spoke on this theme earlier this year. She is currently working on her second book for the Independent Thinking Press, *Dear Nina*.

