



The Emotionally Resilient Teacher Because It's Tough Out There

Andy Vass

Bespoke Events from Independent Thinking



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If you would like us to bring this
exciting Event to you for an INSET day,
conference or course, please contact us.

**INDEPENDENT
THINKING** EVENTS

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The Emotionally Resilient Teacher Because It's Tough Out There

*Everything every teacher and
school leader needs to move
themselves and others from
'coping' to 'excelling' in trying
times*

It's not so much the events you experience
but your experience of the events that
decides whether you sink or swim.

The difference between those who
cope, those who thrive and those who
drown has nothing to do with what is
happening and everything to do with how

we respond. Get that response right and
everything changes.

This important one-day event will equip
you with the tools you need to guarantee
that response is a positive one. It will
ensure you deal with whatever comes
your way with confidence, resilience,
equilibrium, positivity, optimism and more
than a little good humour.

Audience: Leadership, well-being
behaviour. All phases

In so many ways, the quality of a school comes down to the
quality of its relationships. But healthy, positive relationships
need healthy, positive minds – something we can lose sight of
in our current educational climate. Through his expertise in
human behaviour, in communication, in relationships and in
coaching, Andy has helped thousands of teachers and school
leaders get more from themselves, from each other and,
ultimately, from the children in their care.

